



U.V.K COLLEGE KARAMA-ALAMNAGAR

(NAAC Accredited, Regd. U/S 2F&12B of u.g.c. Act-1956)

A PERMANENT AFFILIATED UNIT OF B.N.MANDAL UNIVERSITY, MADHEPURA (BIHAR)

BEST PRACTICES - 2

HARNESSING YOUTHFUL EXUBERANCE FOR THE GOOD OF SOCIETY USING NSS UNIT

Objective of the practice:

Extension activities are made mandatory for the students to promote Community linkage, Social Responsibility and Interaction with the public. Participation in extension activities imparts Problem Analyzing and Solving Skills.

The Context:

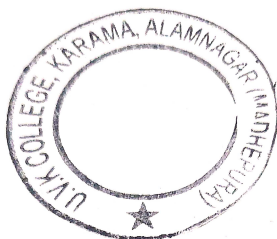
Since the start of 2020, we have had an unimaginably turbulent and trying period. To maintain the physical, mental, and moral well-being of our pupils. Realizing that young people represent the country's future and that they can consciously employ their enormous amounts of energy, excitement, and ebullience toward promoting social welfare.

This is made possible by the College's NSS wings' careful planning. NSS volunteers also work with the community to solve their problems and lessen their sufferings through the establishment of plantations, blood donation camps, free health checkups, gender issues yoga classes, and other initiatives.

In contemporary society, the students are highly ignorant about the problems of the society where they live. Therefore, it is realized that the student must be sensitized about the society and extension activities are made mandatory for them.

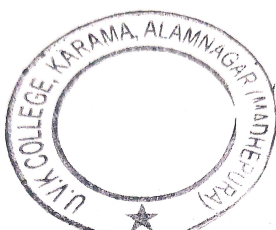
The Practice:

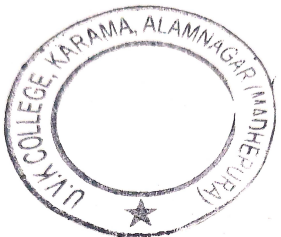
- Organizing camps like AIDS awareness, Cancer awareness, Dengue fever awareness, Deaddiction programmes etc.
- Promoting and enrolling members for Eye donation, wherein students play a role as Eye donor Ambassadors.
- Participation in Marathon, Walkathon and Rallies against Child Labor, Drug Addiction, Junk Food etc.
- Organizing Blood Donation Camps
- Plantation Drives.



Evidence of success:

- Our institution has been performing to the the best of its capacity and student participation in NSS is overwhelming.
- Students realized the challenges faced by the school drop outs in the society.
- The students develop the quality of integrity through the extension activity.
- Students volunteer themselves to act as scribes for the visually challenged and to assist physically challenged candidates.
- Student participation in various social-cultural activities has greatly increased.



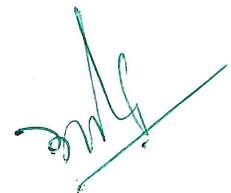


Some Events Carried out by the college under NSS

- International yoga day
- Swachh Bharat Mission(clean india mission)
- Quiz
- Deworming Day
- Election awareness Pledge
- National Unity day pledge
- Untouchability abolish pledge
- Independance Day
- Fit India Movement
- NSS Day & Awareness program
- Voters Day pledge
- Abolition of Dowry awareness
- One Day Camp College campus cleaning
- Women's day
- Road safety
- Corona Virus

Problems Encountered:

Fund mobilization to organize events is the major problems for the college. The college tries to overcome it by using some of its own funds.



**Principal/ Chairman
U.V.K. College, Karama
Alamnagar (Madhepura)**